



On the use of eye tracking in man – machine interfaces



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Developing a dialogue system to support psychiatry

Problems

The growing number of people suffering from various mental disorders, such as **depression**, **anxiety**, **phobias** ...

There are not enough psychotherapists or psychiatrists available ...



[<https://img.wprost.pl/img/przymusowe-leczenie-psychiatryczne-przebieg-podstawa-prawna-odwolanie/2a/06/057af526ec5c9618fe8f47265c81.webp>]

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Solutions

Using technologies: natural language processing (NLP), automatic speech recognition (ASR) etc. in a **dialogue system** can help in **therapy for mental illnesses**.

For example, patients suffering from complex, overwhelming emotions such as **anxiety**, **anger**, **shame** or frustration can learn to control them.

Development of a domain-specific dialogue agent - Terabot

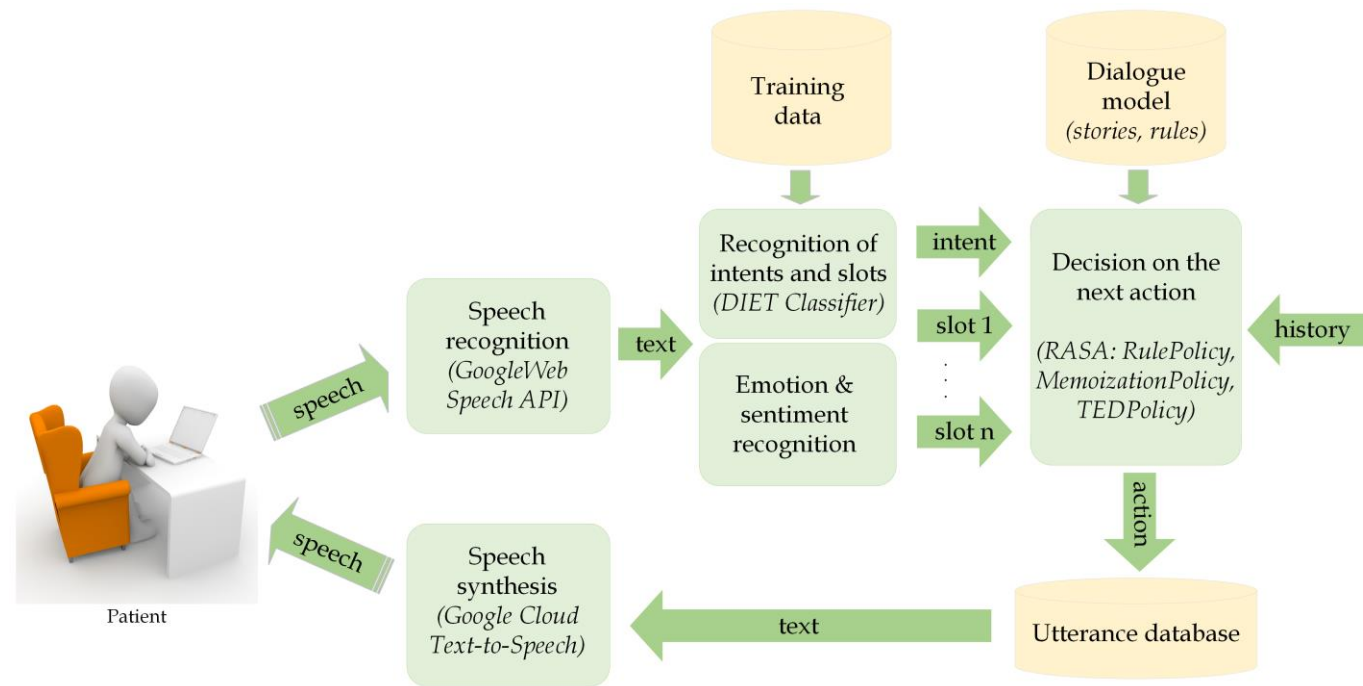
Embodiment (user interface) - a film of a man wearing a hygiene mask.

He moves slightly, and his eyes blink naturally, gives impression that he is sitting in front of the computer during an online session like a therapist.



Development of a domain-specific dialogue agent – Terabot

Architecture - Terabot is a conversational system; goal-oriented, operating in the Polish language. Its aim is to complete a specific task through a conversation with the patient. It is enhanced with text-based emotion and intent recognition.

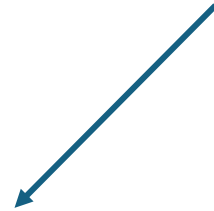


The **ideal flow** of the conversation should look like this:

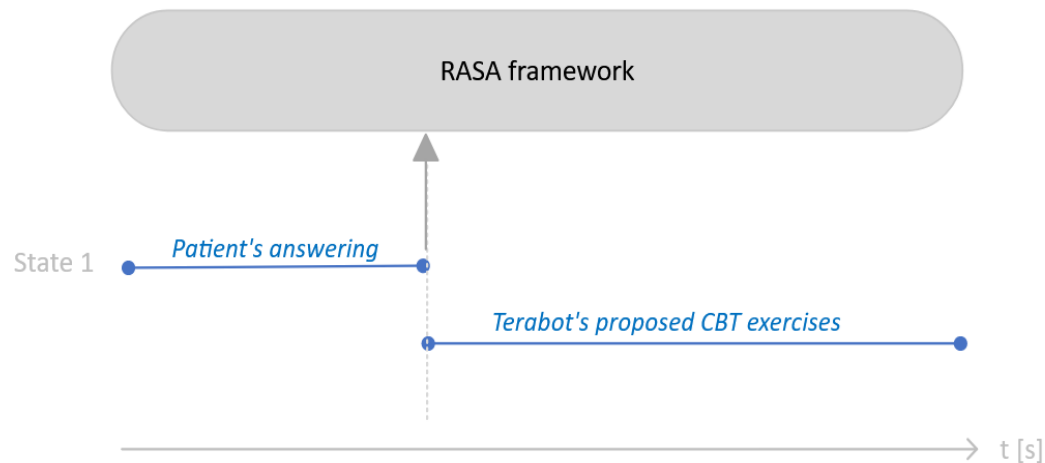


Problems when conversing with the dialogue agent

Difficulties encountered when interacting with Terabot
(due to the different stages and symptoms of the schizophrenic patients):



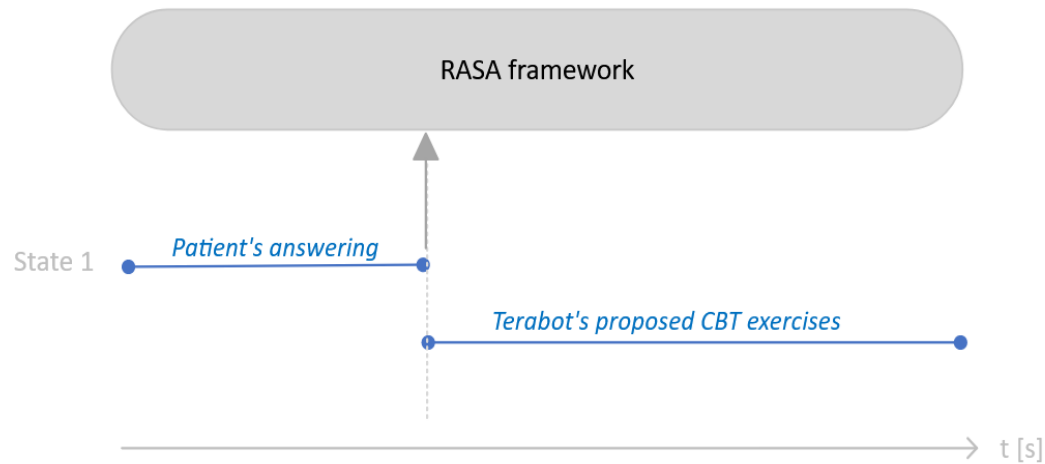
**Lack of knowledge about patient behavior
during relaxation exercise**



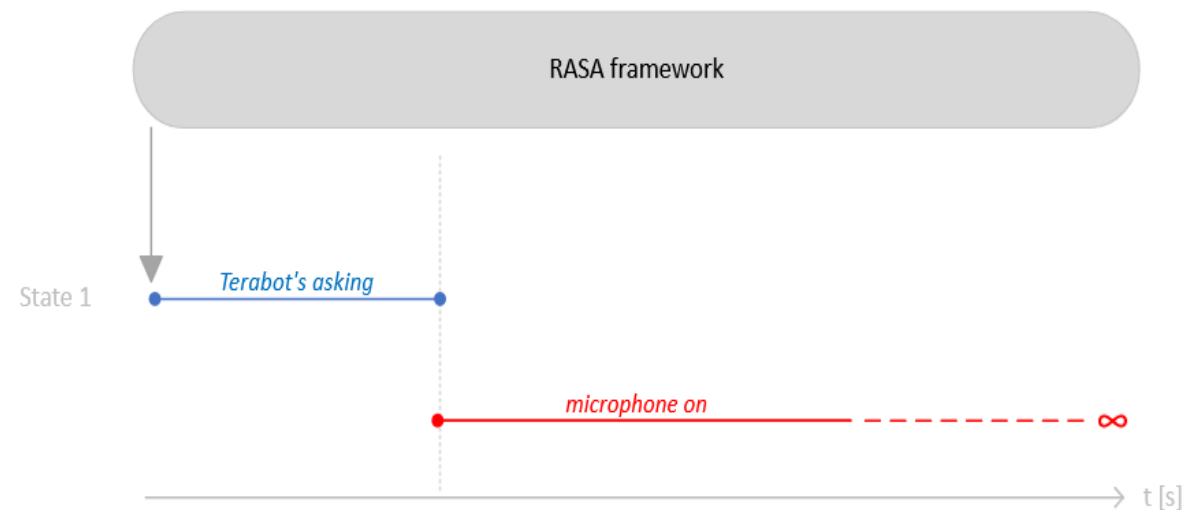
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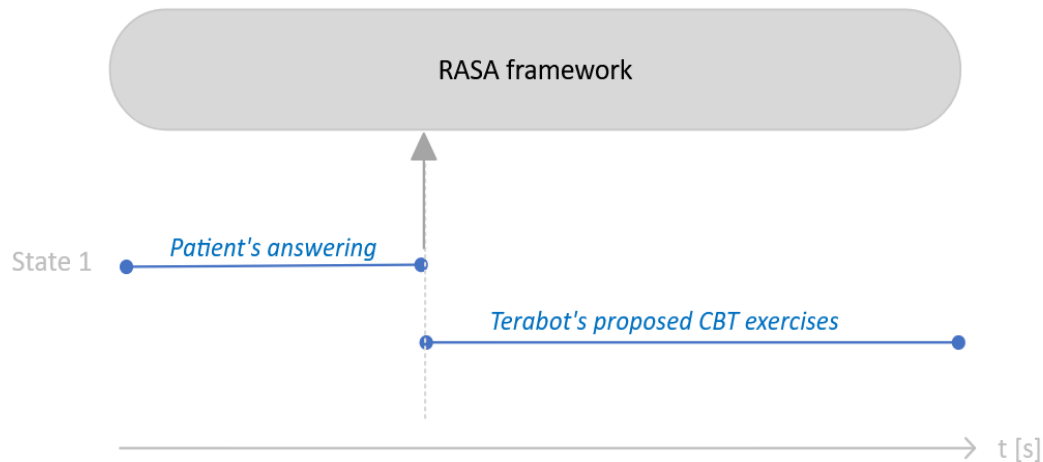
Waiting too long for the patient's answer



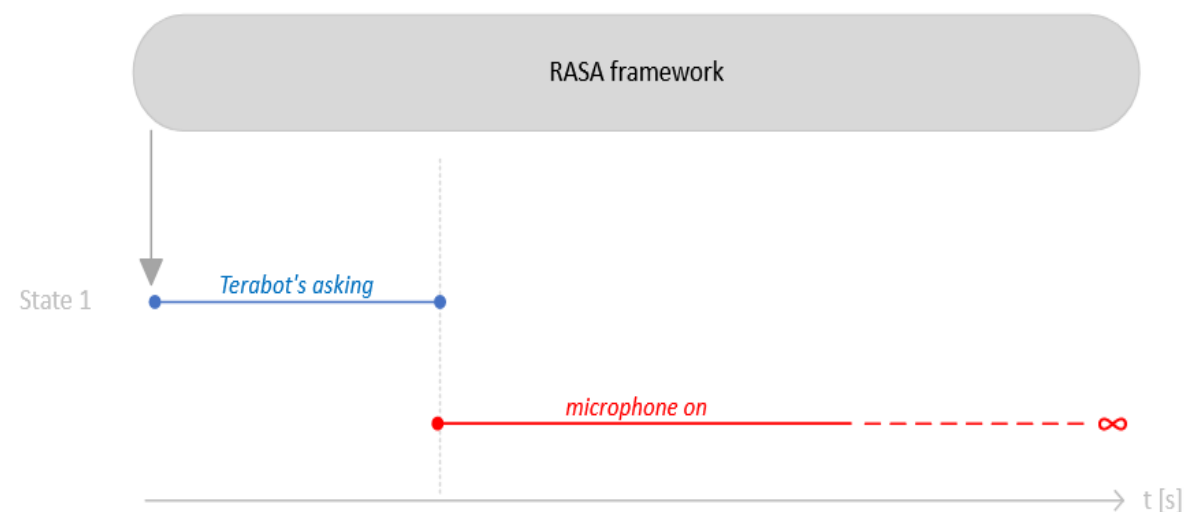
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Waiting too long for the patient's answer



What other modality could be beneficial for a dialogue system?


Speech + _____ ?

Facial expressions?

Gesture recognition?

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Facial expressions? 

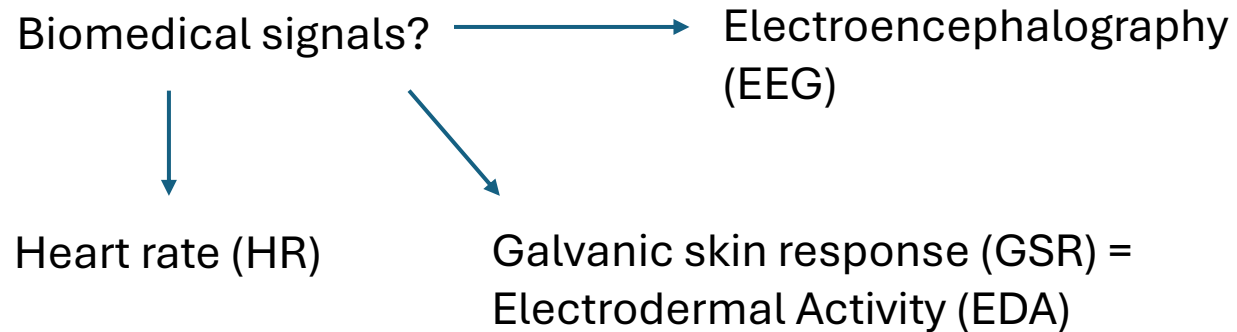
Gesture recognition? 

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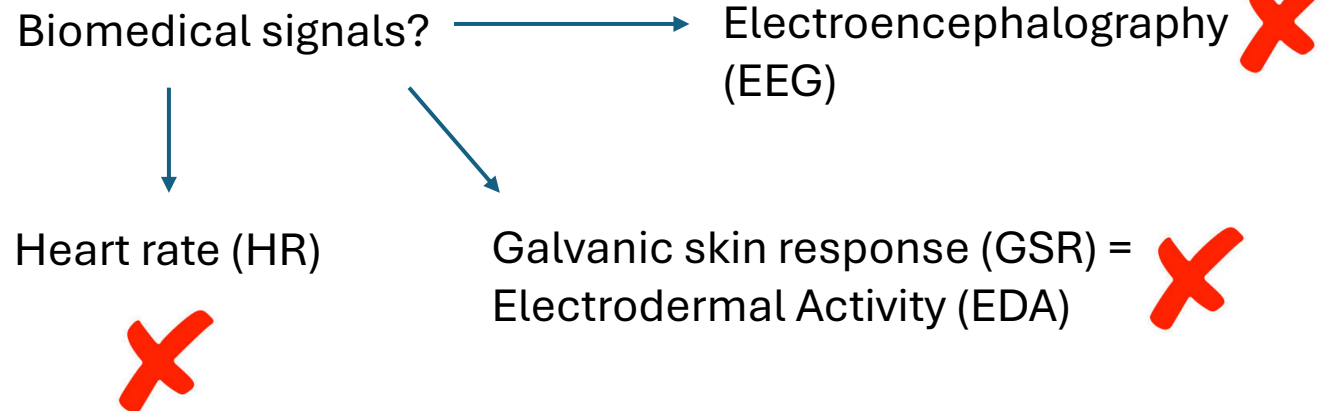


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Speech + _____?

Facial expressions? **X**

Gesture recognition? **X**



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Speech + _____?

Facial expressions? **X**

Gesture recognition? **X**

Eye gaze

Biomedical signals?

Electroencephalography (EEG) **X**

Heart rate (HR) **X**

Galvanic skin response (GSR) =
Electrodermal Activity (EDA) **X**

What other modality could be beneficial for a dialogue system?

Speech + _____?

Facial expressions? **X**

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Biomedical signals?

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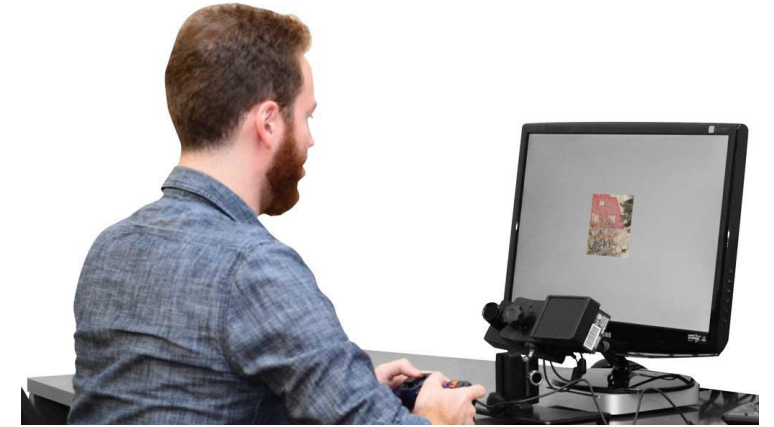


General information on eye tracking

Different types of eye trackers – design



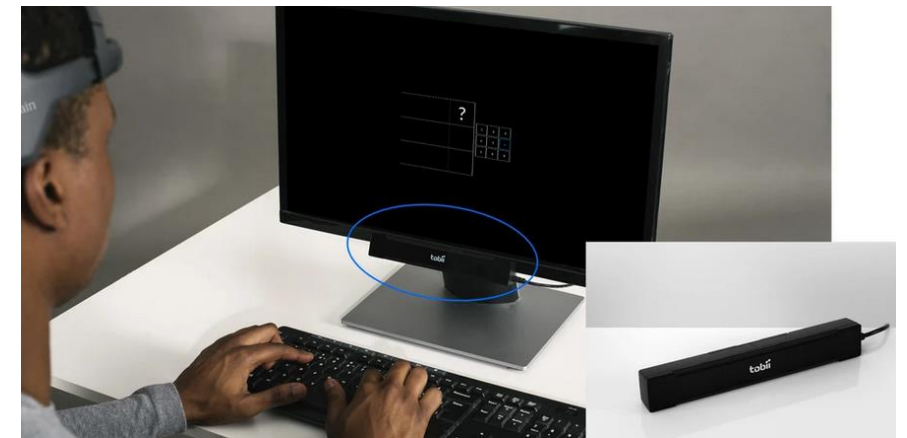
Pupil Labs - Neon



EyeLink 1000 Plus



Pupil Labs - Neon

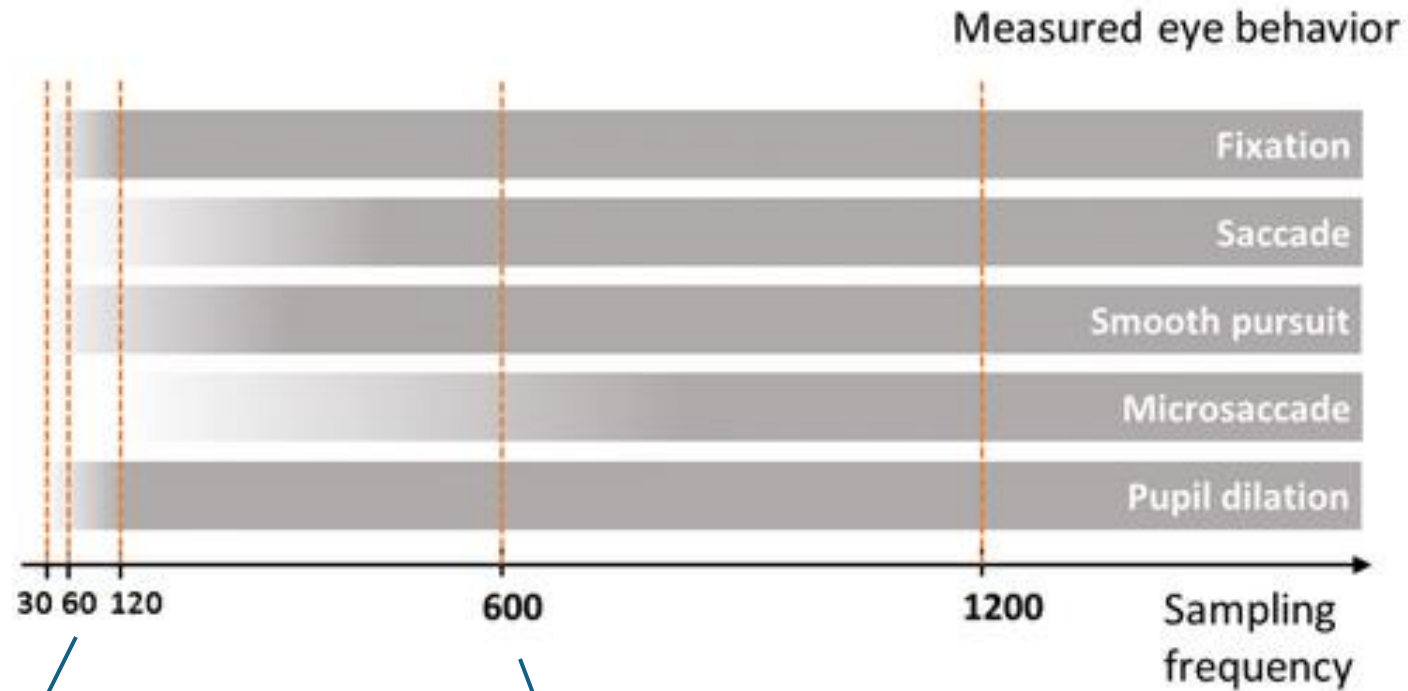


Tobii Pro X2-30

Different types of eye trackers available....

the choice depends on the **purpose & features** of the environment in which they will be used!

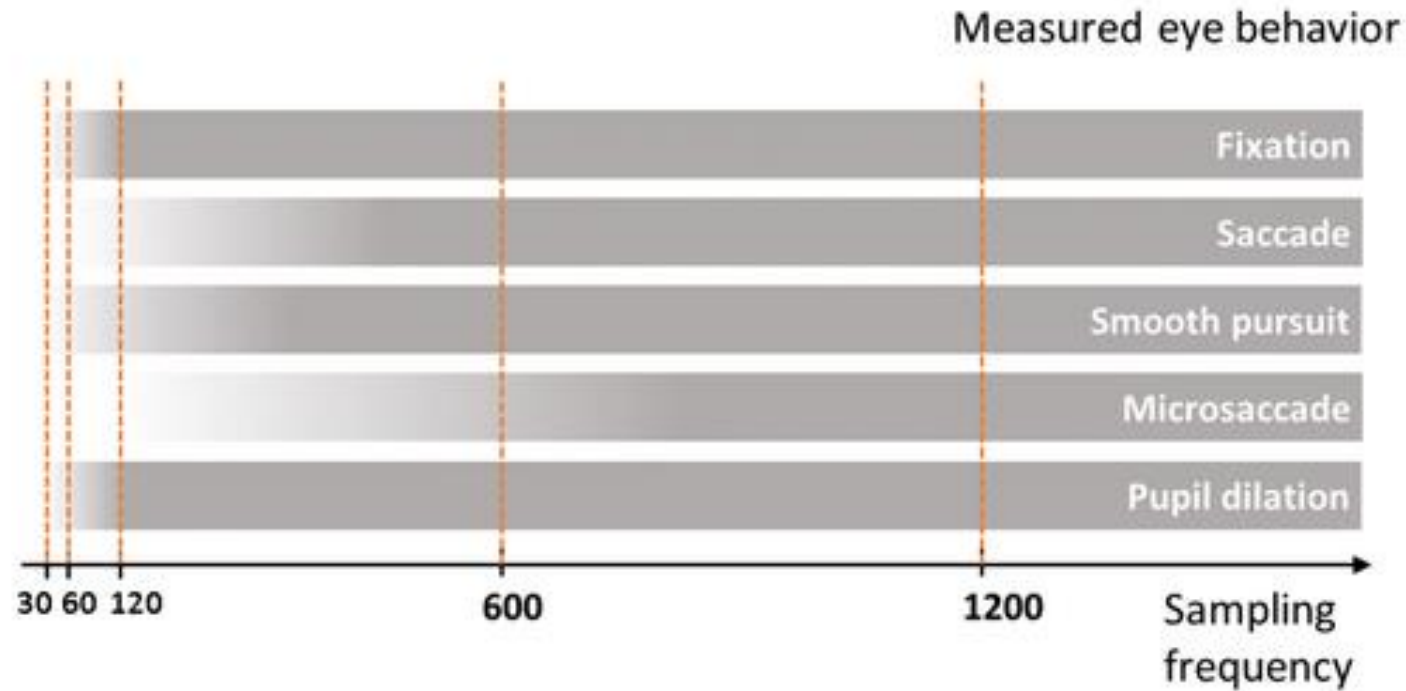
Different types of eye trackers – sampling frequency



Already sufficient for analyses
in, e.g., **Human-Computer Interaction**

Minimum for diagnostics
of **neurodegenerative diseases!**

Different types of eye trackers – sampling frequency



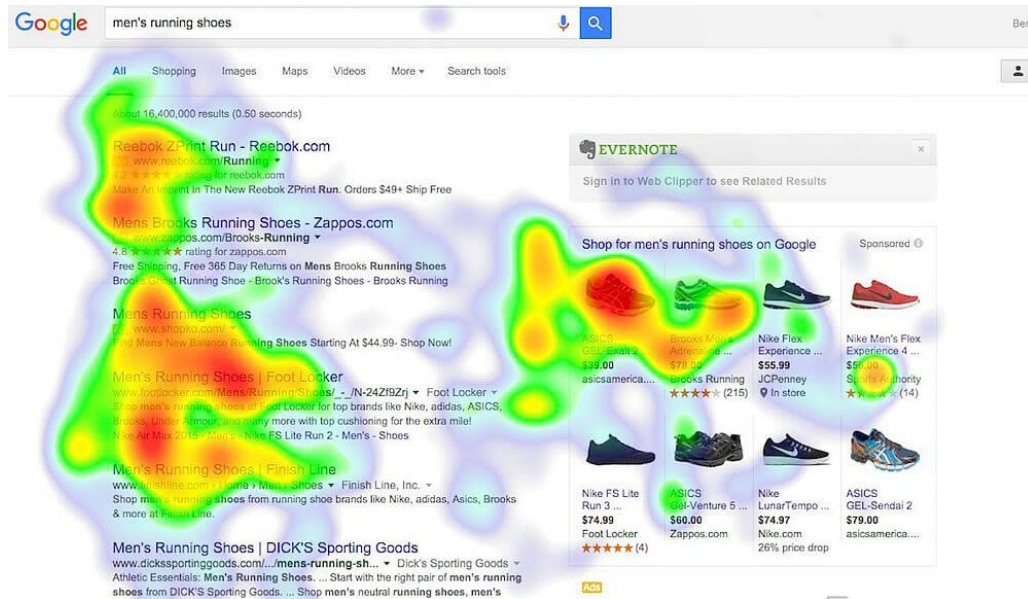
- A high sampling rate (typically 600–1000 Hz) is essential for **capturing rapid eye movements**, such as **saccades and microsaccades**. Lower sampling rates might miss these subtle dynamics, reducing necessary diagnostic accuracy.
- **The sampling frequency of min. 400/600 Hz** allows analyses for early diagnostics topics.

Eye tracking – data

How does it look like?



visualisations made automatically by software, e.g., heatmaps, fixation points, etc.



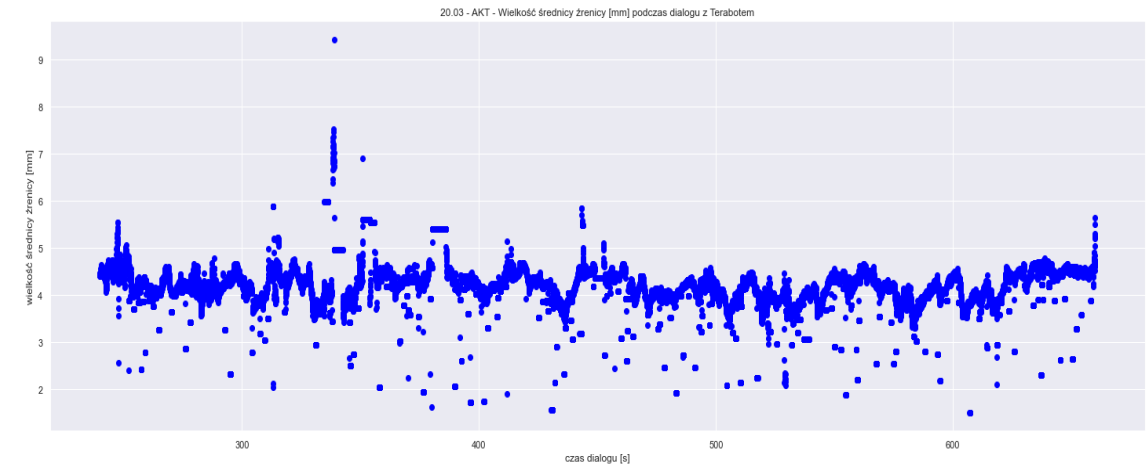
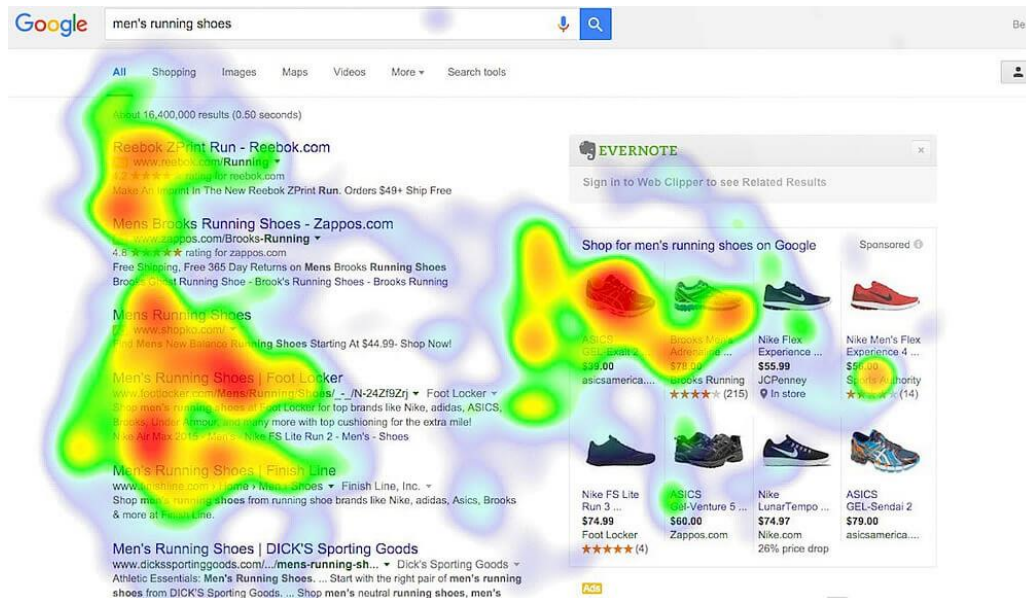
Eye tracking – data

How does it look like?

visualisations made automatically by software,
e.g., heatmaps, fixation points, etc.

raw data

	A	B	C	D	E	F	G	H	I	J	K	L	M							
1	MEDIA_ID	MEDIA_NAME	CNT	TIME(2023/03/23 14:19:25.920)	TIMETICK(f=-2922353)	FPOGX	FPOGY	FPOGS	FPOGD	FPOGID	FPOGV	BPOGX	BPOY							
2	0	terabot	0	0.00000	2927694574	0.00000	0.00000	0.00000	0.00000	1,1,0	0.00000	0.00000	1,0	0.56563	0.06445	0,0,0	0.30340	0.45427	28.06992	1,1
3	0	terabot	1	0.01898	2927749979	0.00000	0.00000	0.00000	0.01898	1,1,0	0.00000	0.00000	1,0	0.56563	0.06445	0,0,0	0.30324	0.45416	28.00095	1,1
4	0	terabot	2	0.03021	2927782868	0.00000	0.00000	0.00000	0.03021	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.29988	0.45064	26.14877	1,1
5	0	terabot	3	0.05035	2927841685	0.00000	0.00000	0.00000	0.05035	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.29297	0.44784	27.00245	1,1
6	0	terabot	4	0.07135	2927903057	0.00000	0.00000	0.00000	0.07135	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.29062	0.44833	28.54627	1,1
7	0	terabot	5	0.08862	2927953484	0.00000	0.00000	0.00000	0.08862	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.28733	0.44385	25.35688	1,1
8	0	terabot	6	0.09174	2927962618	0.00000	0.00000	0.00000	0.09174	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27695	0.43990	27.52158	1,1
9	0	terabot	7	0.10736	2928008263	0.00000	0.00000	0.00000	0.10736	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
10	0	terabot	8	0.16913	2928188879	0.00000	0.00000	0.00000	0.16913	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
11	0	terabot	9	0.17859	2928216492	0.00000	0.00000	0.00000	0.17859	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
12	0	terabot	10	0.20636	2928297564	0.00000	0.00000	0.00000	0.20636	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
13	0	terabot	11	0.21161	2928312919	0.00000	0.00000	0.00000	0.21161	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
14	0	terabot	12	0.22284	2928345773	0.00000	0.00000	0.00000	0.22284	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
15	0	terabot	13	0.27234	2928490456	0.00000	0.00000	0.00000	0.27234	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
16	0	terabot	14	0.28735	2928534289	0.00000	0.00000	0.00000	0.28735	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
17	0	terabot	15	0.29028	2928542875	0.00000	0.00000	0.00000	0.29028	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1
18	0	terabot	16	0.30713	2928592057	0.00000	0.00000	0.00000	0.30713	1,1,0	0.00000	0.00000	1,0	0.56563	0.06543	0,0,0	0.27542	0.44200	29.40726	1,1



Some facts about eye tracking

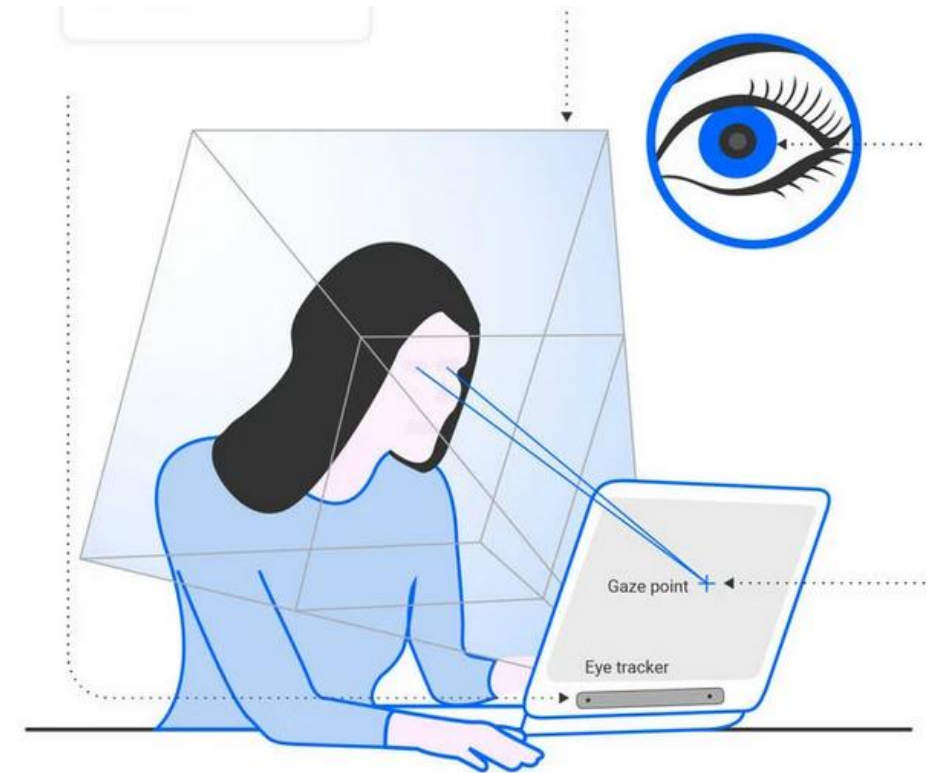
An eye tracker is a device that allows you to track eye movements; it uses the light spectrum in the near-infrared range (NIR: 700-1000nm).

The eye tracking parameters:

- pupil diameter [mm],
- parameters for eye movement:

fixations – moments when the eyeball is in the phase of immobility and

saccades – transitions of the eyeball between successive fixations);



Some facts about eye tracking

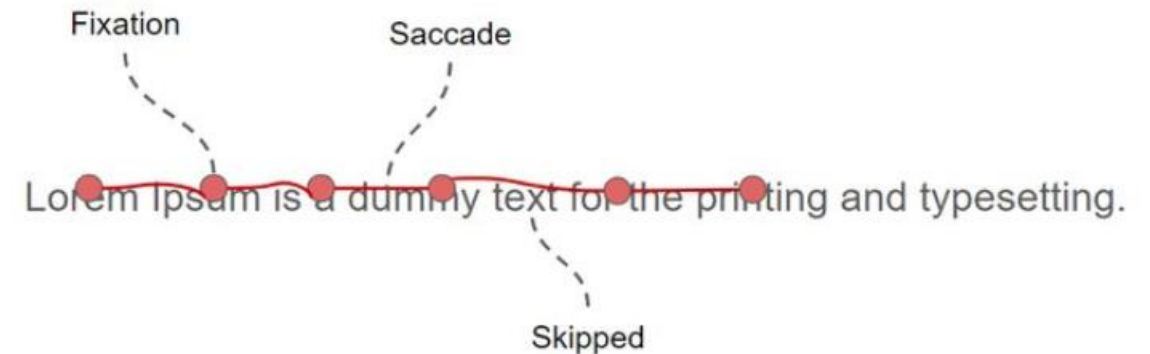
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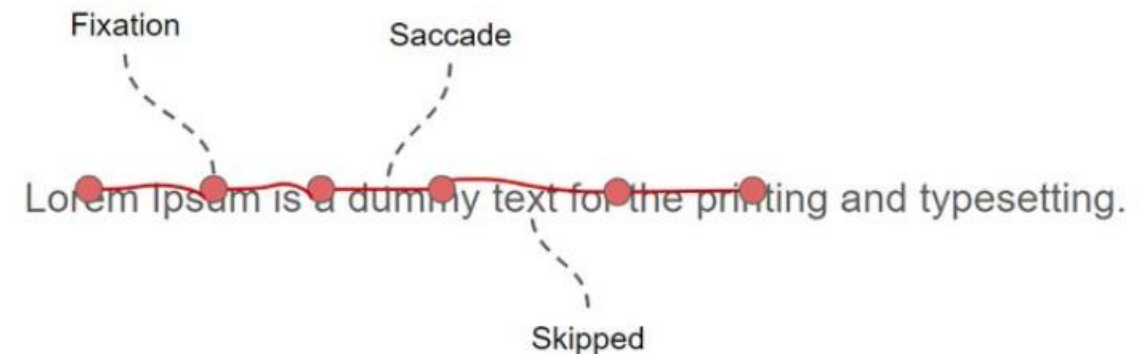
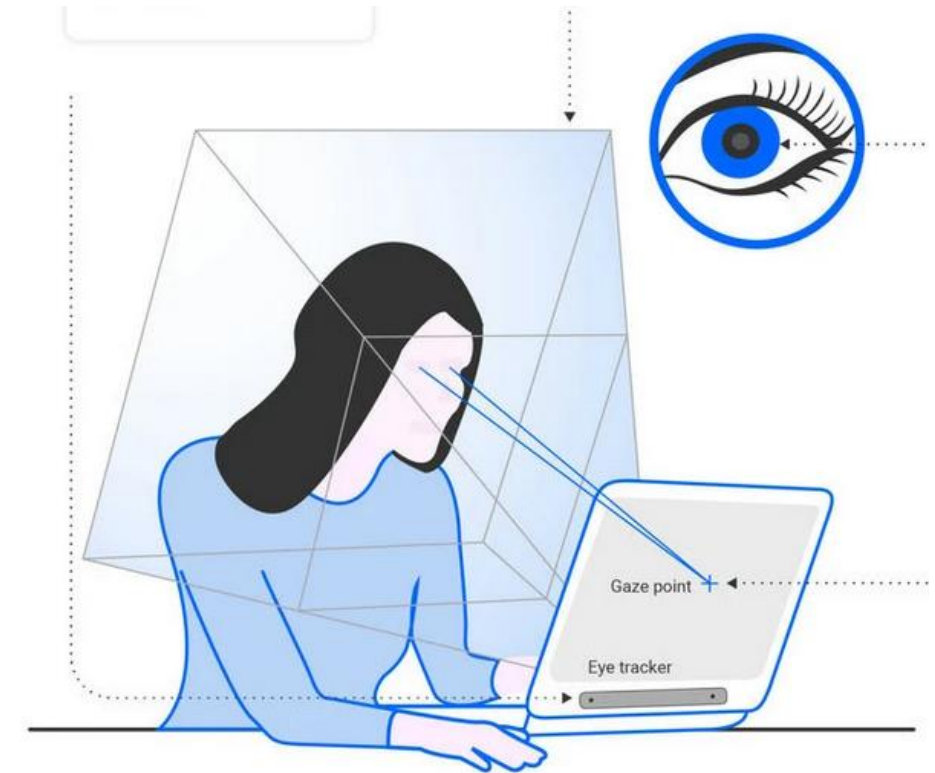


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The eye tracking parameters:

- pupil diameter [mm],
- parameters for eye movement:
 - fixations** – moments when the eyeball is in the phase of immobility and
 - saccades** – transitions of the eyeball between successive fixations);
- the duration of the fixation/saccade [s];
- the magnitude/direction of fixations;
- many others (e.g., TTFF – time to first fixation).



General overview of main parameters gained of the eye tracker

(using the example of Gazepoint GP3 eye tracker)

Parameter group, regarding:	Parameter group description
Eye movements	Fixations (number, duration, <i>X/Y</i> -coordinates of the fixation on the screen (<i>FPOGX/Y</i>))
	Saccades (number, duration, direction, magnitude)
Blinks	Identifier of a blink
	Duration of the blink [ms]
Pupils	Right pupil size (in mm or pixels) (<i>RPMM</i>)
	Quality flag of the right pupil—valid or not valid (<i>RPV</i>)
	Left pupil size (in mm or pixels) (<i>LPMM</i>)
	Quality flag of left pupil—valid or not valid (<i>LPV</i>)

Application of eye tracker in research areas

- **medicine** (e.g., supporting early diagnosis of mental and neurodegenerative diseases),
- **psychology** (e.g., emotional state),
- **education** (e.g., supporting teacher decisions),
- **marketing** (e.g., eye focus on website elements),
- **Human – Computer Interaction** (e.g., assisting dialogue agents)



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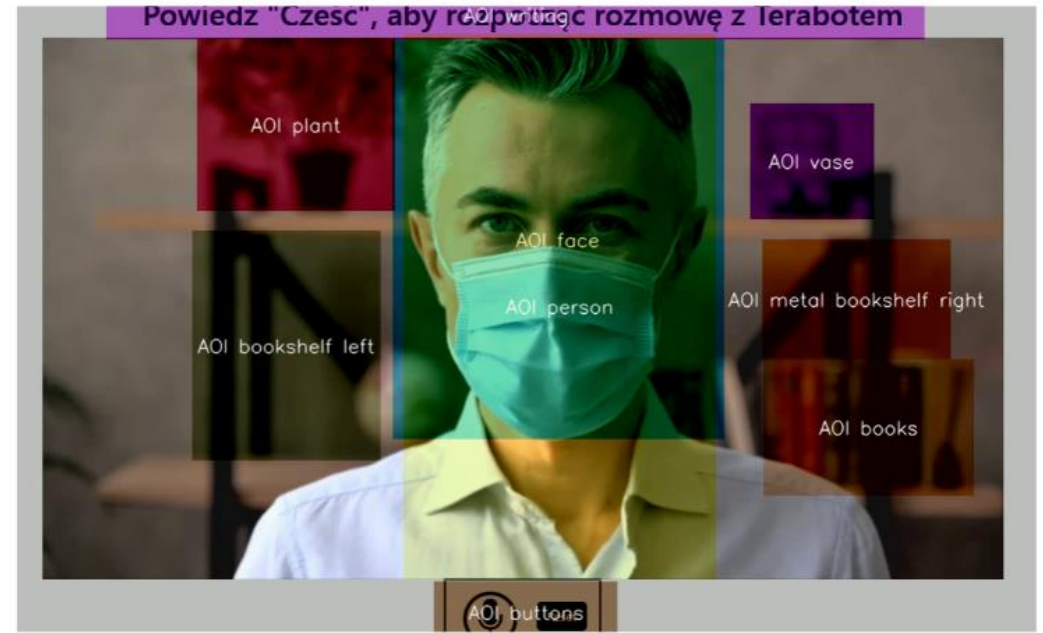
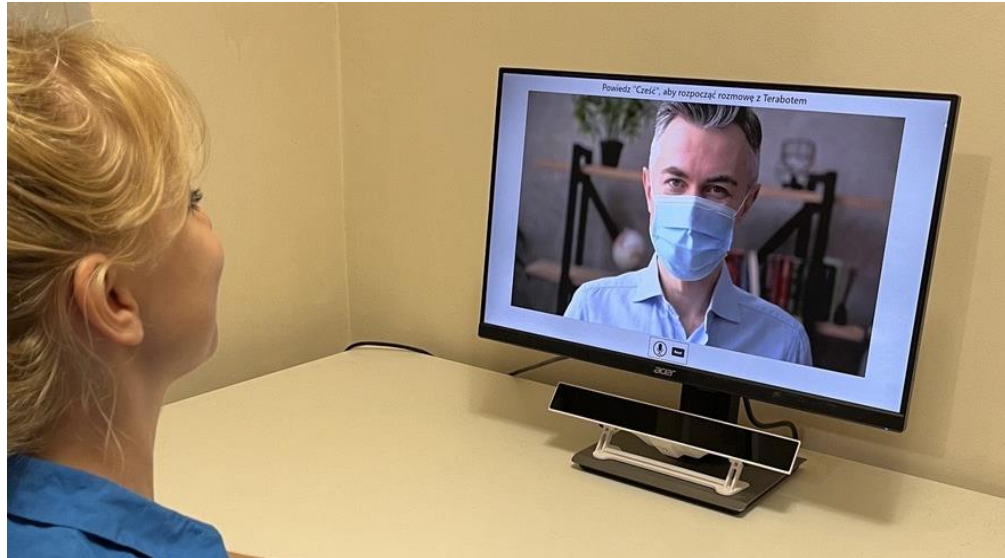
We applied eye tracking into a therapeutic dialogue system “Terabot” to gain additional data from the patient





Eye tracking and dialogue system combined

Fixation data from specific Areas of Interest (AOIs)



Can the fixation parameter provide us with the necessary non-verbal information?

When answering the Terabot's questions, we looked at **where the patients gazed and for how long.**

➡ We divided Terabot's visual interface into **areas of interest (AOIs)**. We did this **to have information about the fixation parameters in these selected regions.**

Fixation data from specific Areas of Interest (AOIs)



Area of interest (AOI)	No. of fixations	average fixation duration [s]	max. fixation duration [s]
AOI face and AOI person	5519	0.45	3.68
AOI person	2821	0.54	2.0
AOI bookshelf left	564	0.37	1.13
AOI buttons	347	0.42	1.8
AOI writing	309	0.34	0.9
other AOIs	209	0,21	0,53

Fixation data from specific Areas of Interest (AOIs)

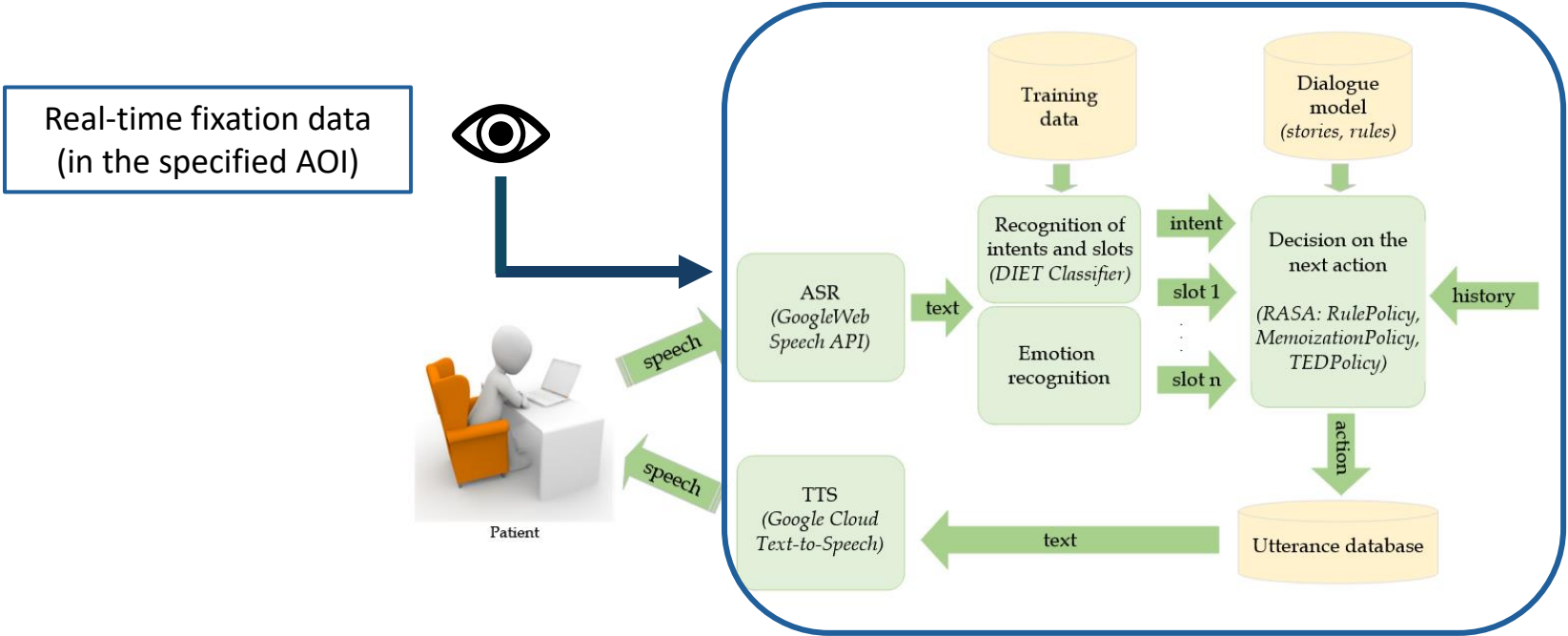


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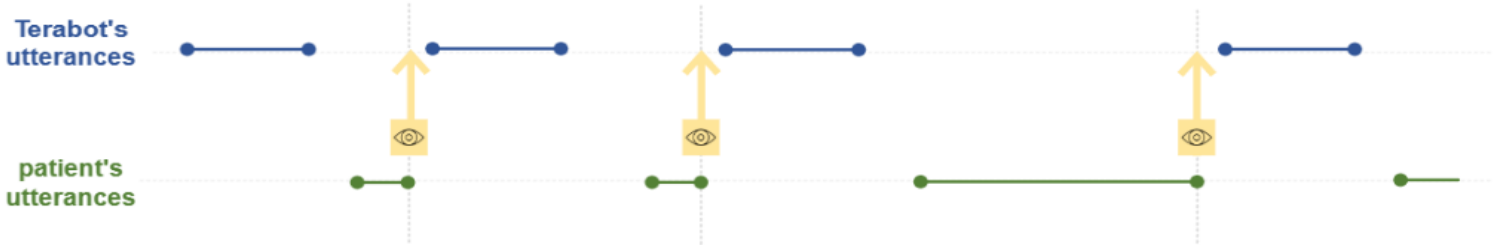
AOI face and the AOI person is important from the perspective of our dialogue system.

- This may be an indication, considering that these calculated fixations only occurred when the patient finished speaking and waited immediately.
- We can assume that these **fixation parameters in specific AOIs** in concrete timing can serve as a **helpful parameter to the dialogue system**.

Results – a new multimodal dialogue agent (speech & fixations)



Considering the combined multimodal dialogue agent, we expect an **improvement of dialogue flow**. When considering the application of real-time fixation data of specified AOI in Terabots interface, the flow should go as follows:



What does that information give us?

- ➔ Depending on whether or not the fixation parameter is present in the AOIs, Terabot can **activate the corresponding utterance** to encourage the patient towards answering.
- ➔ Based on the **presence of this real-time data in** the experimentally determined **AOIs**, it will be able to **modify the dialogue flow** so that Terabot's response is better suited to the patient's behavior.



eye tracking can improve the behavior of a dialogue system



Eye tracking can be used to make the conversations more **human-like**.

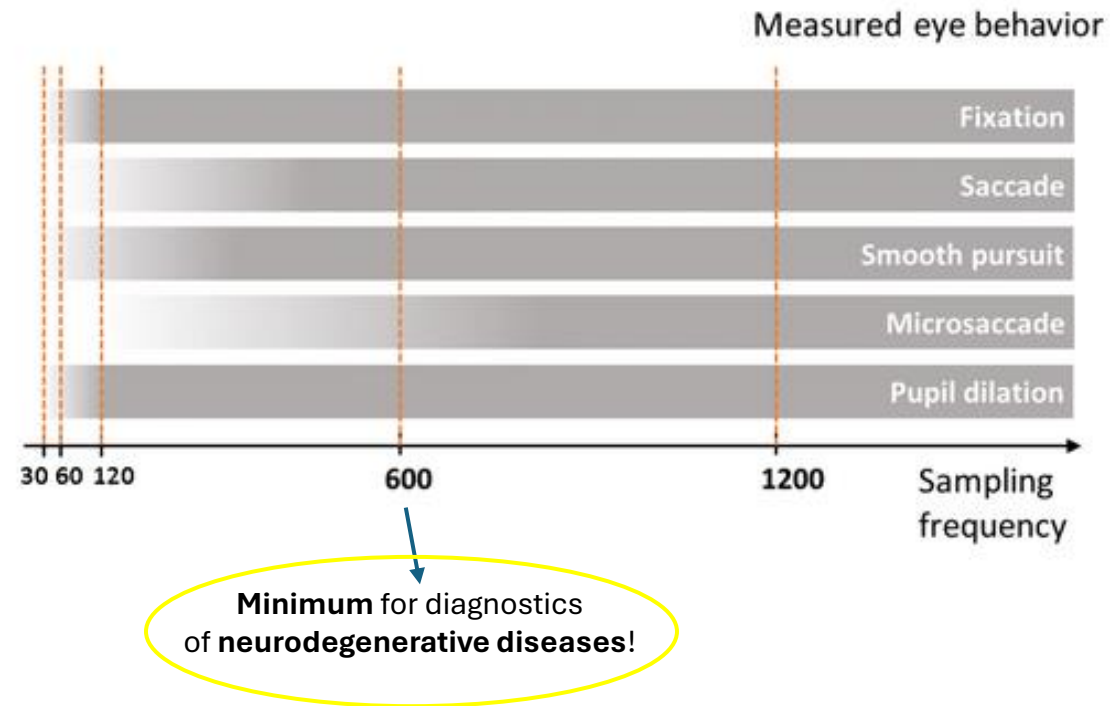




Eye tracking as early stage diagnosis tool for Alzheimer's Disease

Application of eye tracker in early diagnostics of AD

Diagnostics – special requirements of eye tracker



- ➔ A high sampling rate (typically 600–1000 Hz) is essential for **capturing rapid eye movements**, such as **saccades and microsaccades**. Lower sampling rates might miss these subtle dynamics, reducing necessary diagnostic accuracy.

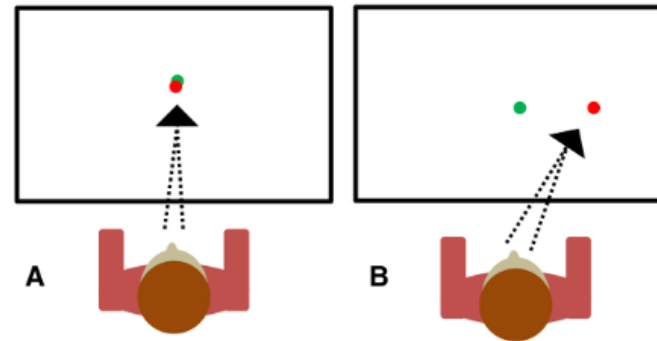
Application of eye tracker in early diagnostics of AD

Diagnostics – special visual tasks for participants:

Pro-saccade task:

A - Starting point – looking at the center at 2 points

B – Trying to **look just after** the moving red point

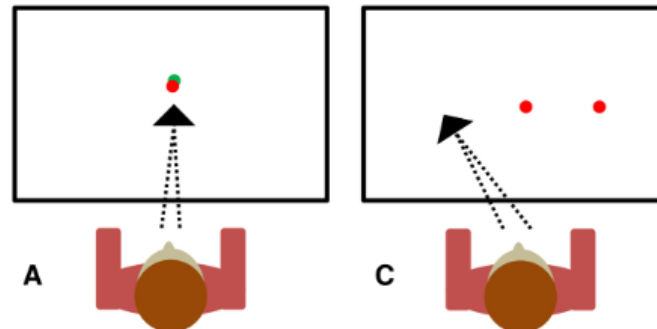


Anti-saccade task:

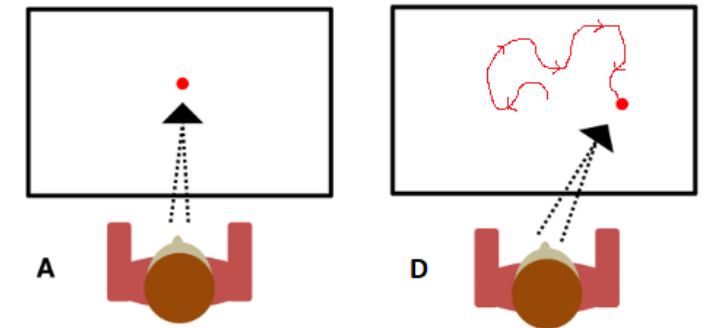
A - Starting point – looking at the center, at 2 points

C – Trying to **look away in the opposite direction** from the moving red point

Purpose: monitoring the involving inhibitory behavior by patients' eyes



Smooth pursuit task:



A - Starting point – looking at the center at main point

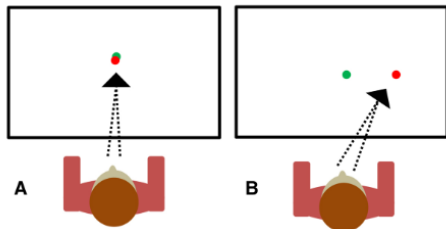
D – Trying to **gaze after the constantly moving (in random directions) red point**

Purpose: to access sustained object tracking by patients' eyes

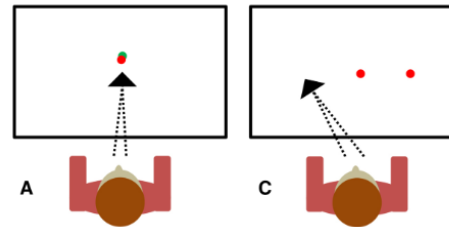
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Diagnostics – special visual tasks for participants

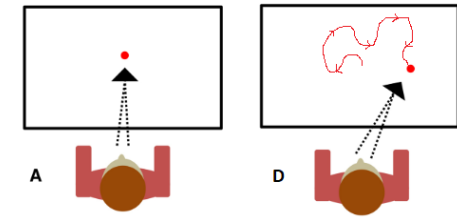
Pro-saccade task:



Anti-saccade task:



Smooth pursuit task:



What data is analysed for the early stage AD diagnostics?

- **Saccades and the latencies** between the appearing or moving point and the patient's saccade which appeared as it was following / unfollowing it;
- Peak reaction times, average reaction times [ms]
- Peak and average saccadic velocity [$^{\circ}/s$]
- Smooth pursuit acceleration [$^{\circ}/s^2$] and other

➡ Analysing and modeling the behavior of saccades, latencies etc. for healthy participants and early stage AD patients

Example of a specific eye tracker – also for early stage AD diagnosis

Saccadometer & LATER model (Carpenter, Ober)

The Saccadometer system & device:

- is the result of scientific cooperation between Prof. Carpenter from UK (ophthalmologist) and Ober Consulting Poland (Prof. Ober from Poland, Silesian University of Technology)
- provides device & software for eye movement measurement;
- includes the possibility of individually modifying the research experiments;
- provides fast statistical analysis of the results of a research and their presentation.



Research concerning neurodegenerative diseases diagnosis – a few years back...

Article	Number of patients + control group	Disease	Device	What is measured?	Methodology
[1]	10 + 11	Alzheimer's disease	model 3000, Applied Science Laboratories, Waltham, Mass	saccades	...
[2]	9 + 0	Parkinson's disease	miniaturised IR 1kHz saccadometer, with 12 bit resolution (Ober Consulting)	Saccades - their latency	LATER model
[3]	22 + 27, 15	Parkinson's disease	saccdometer (Ober Consulting)	Saccades -their latency	LATER model
[4]	18 + 17 + 18	Alzheimer's disease	'Express Eye' (Optom, Freiburg, Germany)	saccades	...
[5]	11	Parkinson's disease	saccdometer (Ober Consulting)	Saccades – their latency	LATER model
[6]	30	Cranial surgery – neurological damage	saccdometer (Ober Consulting)	Saccades – their latency	LATER model
[7]	60 - Alcoholism, 18 – Alzheimer's, 21 - opioid dependence, 12 - Parkinson's, and 29 – Schizophrenia → data from the 2012 International Joint Conference on Neural Networks	6 types of psychiatric conditions (Alcoholism, Alzheimer's d., opioid dependence, Parkinson's disease and Schizophrenia)	portable saccadometer, head-mounted, 1kHz sampling rate	Saccades - latencies	LATER model
[8]	35 + 35	cirrhosis patients with cognitive defect (Covert Hepatic Encephalopathy)	saccadometer (Ober Consulting)	Saccades – their latency	LATER model
[9]	19 Richardson's, 24 Parkinson's., 26 healthy controls	Parkinson's d. & progressive supranuclear palsy (Richardson's syndrome)	saccadometer (Ober Consulting)	Saccades – their latency	LATER model
[10]	24 + 20	Huntington's disease	saccadometer (Ober Consulting)	Saccades – their latency	LATER model
[11]	15 + 11	Parkinson's disease	saccadometer (Ober Consulting)	Saccades – their latency	LATER model

Application of eye tracker in Alzheimer's disease research

Other approaches (constantly improving):

...using deep learning [12]

...using VR for visual tasks with eye tracking [13]

...using deep learning and 3D Visual Stimuli [14]



Literature

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On the use of eye tracking in man – machine interfaces



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